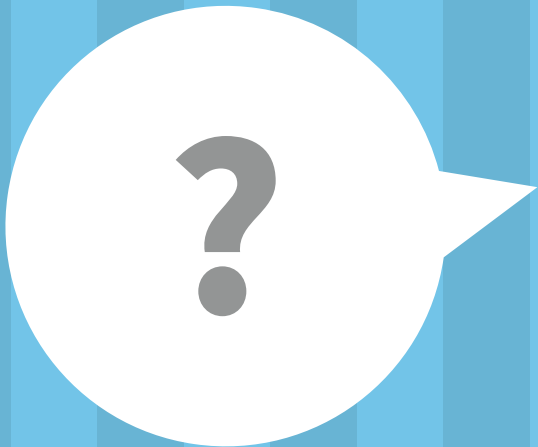


Topic: Fertility

Question: Do family planning methods cause infertility?

Answer: No. Most women have no problem getting pregnant after stopping reversible family planning methods.

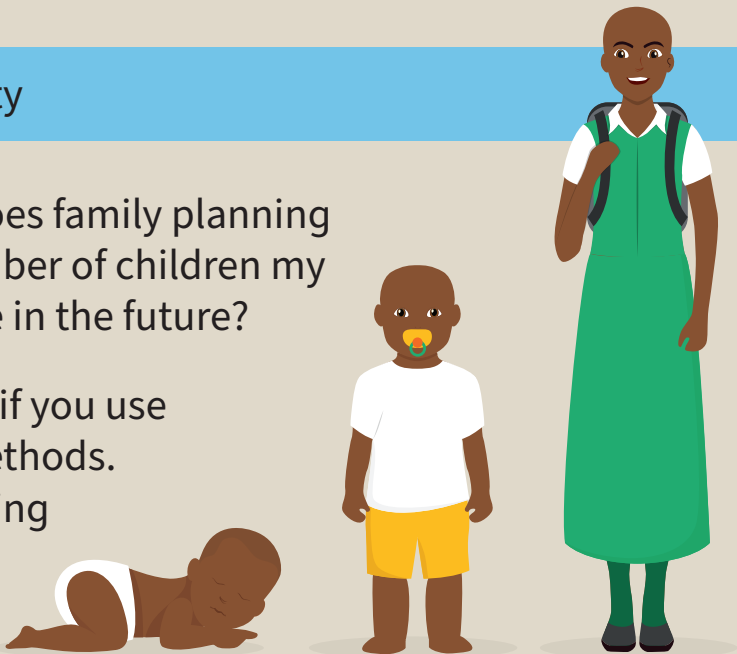


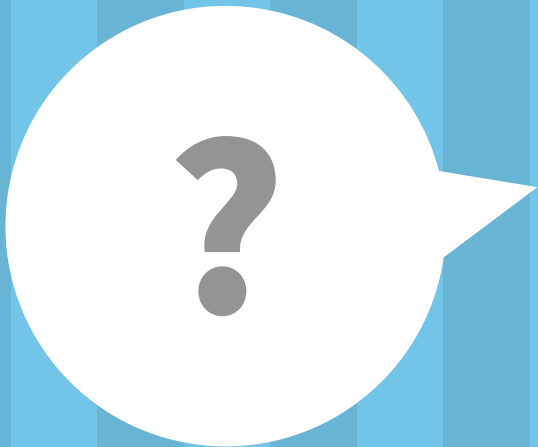


Topic: Fertility

Question: Does family planning limit the number of children my wife can have in the future?

Answer: Not if you use reversible methods. Family planning will help you space births.



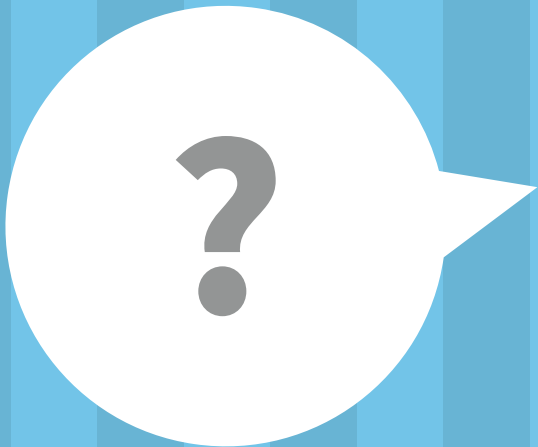


Topic: Fertility

Question: Will family planning prevent me from having many children?

Answer: No. Family planning will help you space births. This helps to ensure the health and success of a family.



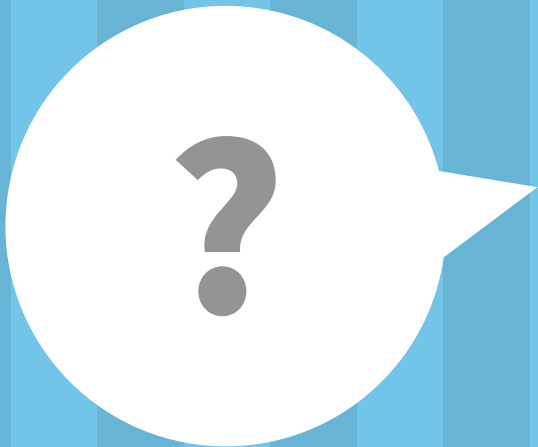


Topic: Sexual intercourse

Question: Is family planning an obstacle to sexual intercourse?

Answer: No. No contraceptive method prevents you from having sexual intercourse.



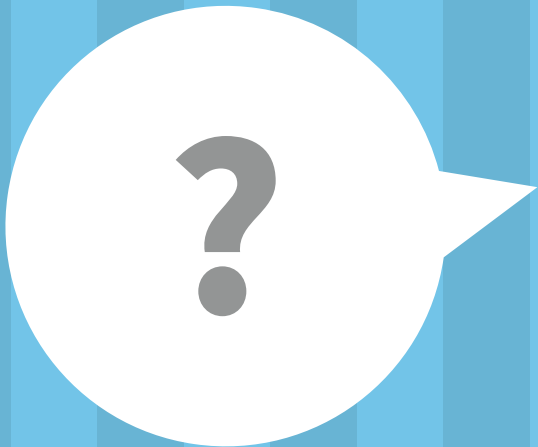


Topic: Religion

Question: Is family planning against our religion?

Answer: No. All religions advocate responsible procreation. Child spacing benefits the mother, child, father and the whole family.



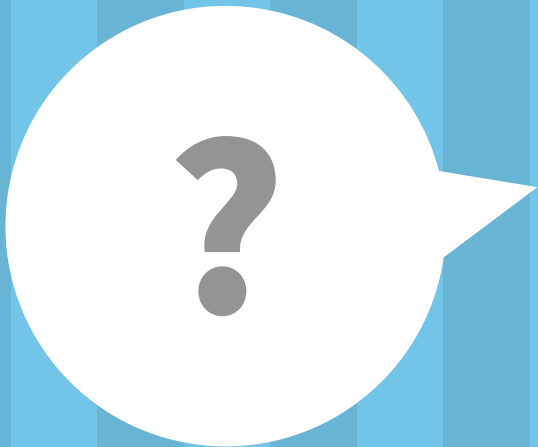


Topic: Relationship

Question: Does family planning lead to divorce?

Answer: No. Women are allowed by law to access family planning. It is important for a husband and wife to discuss family planning.



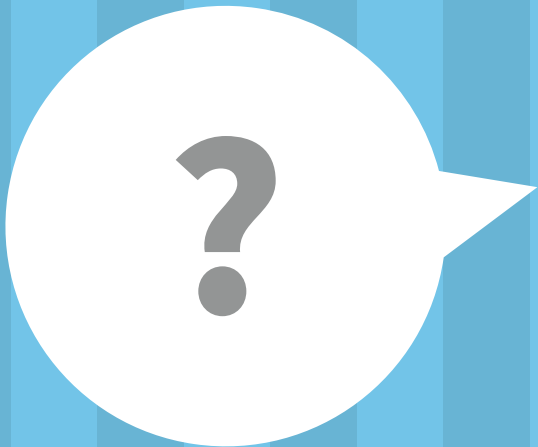


Topic: Finance

Question: Is family planning expensive?

Answer: No. Most family planning services and methods are free of charge or very inexpensive. You can access family planning advice for free at healthcare centres displaying the green dot logo.



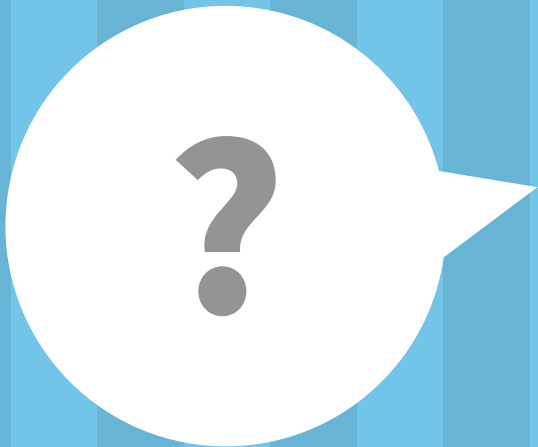


Topic: Disability

Question: Should people with disabilities have children?

Answer: Yes. People with disabilities have the same rights as everyone to decide whether to have a family and children.



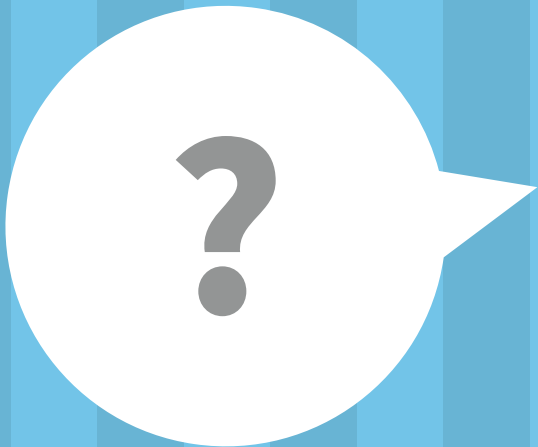


Topic: Disability

Question: Are people with disabilities welcome in family planning centres?

Answer: Everyone is welcome in healthcare centres displaying the green dot logo. The staff are trained to discuss family planning with everyone, including people with disabilities.



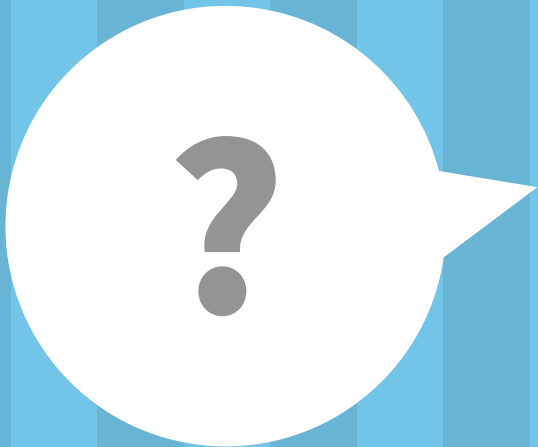


Topic: Health

Question: What are the health benefits of child spacing?

Answer: Planned pregnancies spaced two or more years apart result in healthier babies and fewer medical problems for mothers.

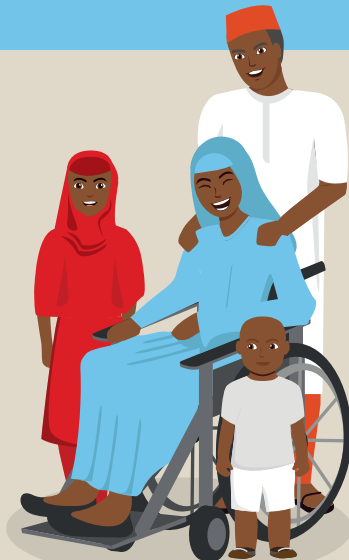


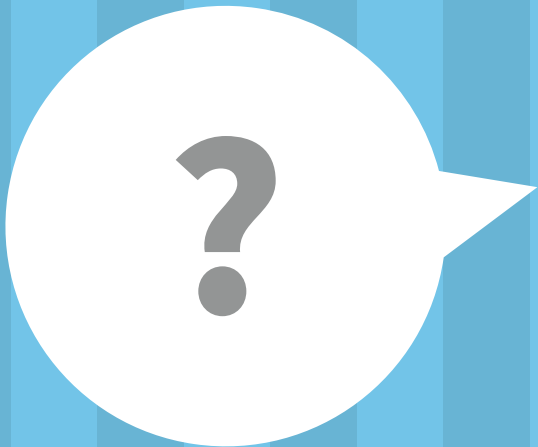


Topic: Disability

Question: Do people with disabilities always pass their disability to their children?

Answer: While some genetic conditions can be inherited from parents, most people with disabilities will not pass their impairments on to their children.



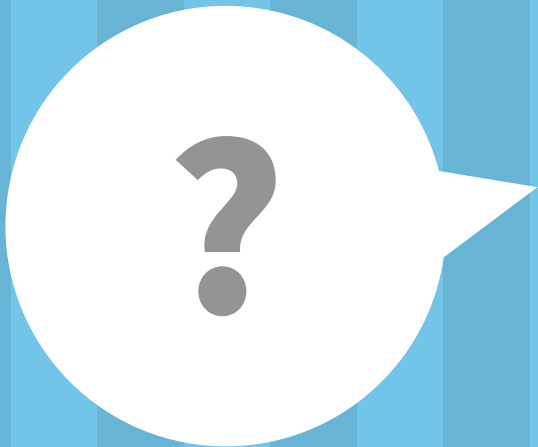


Topic: Disability

Question: Should women with disabilities be sterilised?

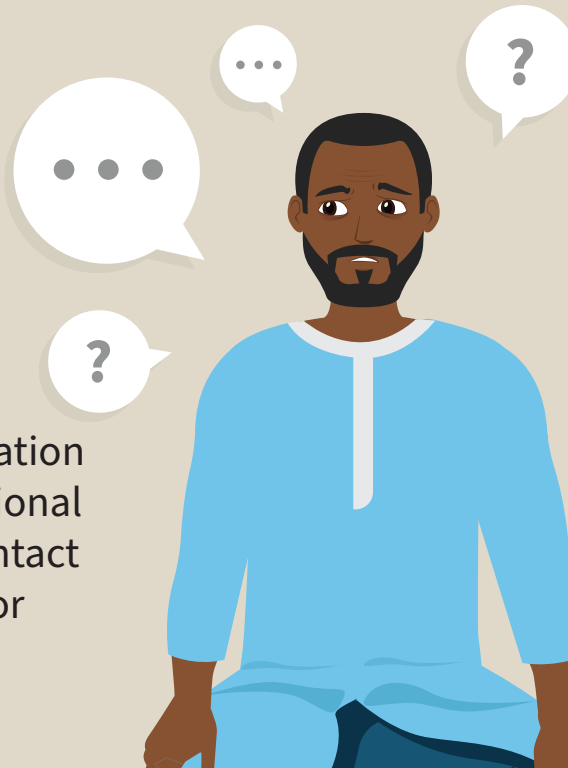
Answer: No. All women, including women with disabilities, have the right to choose whether to use permanent or temporary family planning methods.

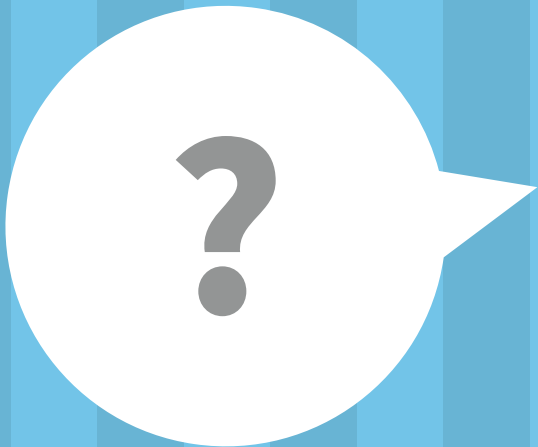




What questions do you have about family planning?

For any additional information
call Marie Stopes International
Organisation Nigeria's contact
centre for free on: **22252** or
WhatsApp **09080022252**



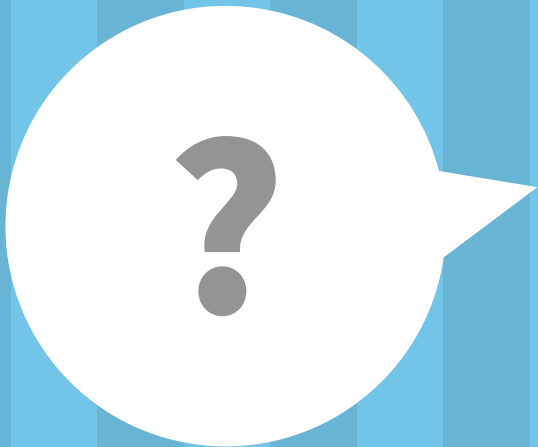


Topic: Side effects

Question: Do women experience side effects with family planning?

Answer: No. A healthcare worker will help you to choose a method that is right for you. If you experience unwanted side effects, you can switch methods at any time.



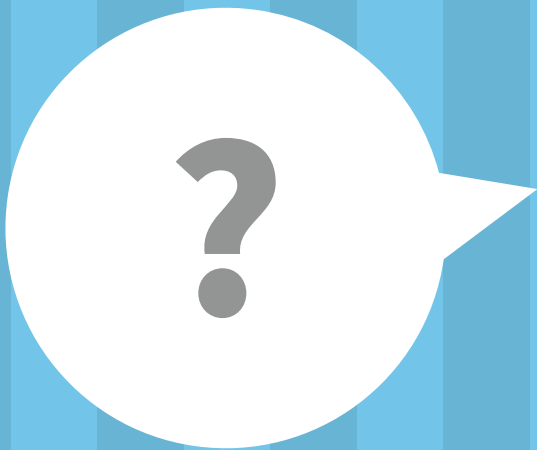


Topic: Fertility

Question: Will family planning make a woman sterile?

Answer: No.
There is no evidence that short-term, reversible contraception has an impact on long-term fertility.

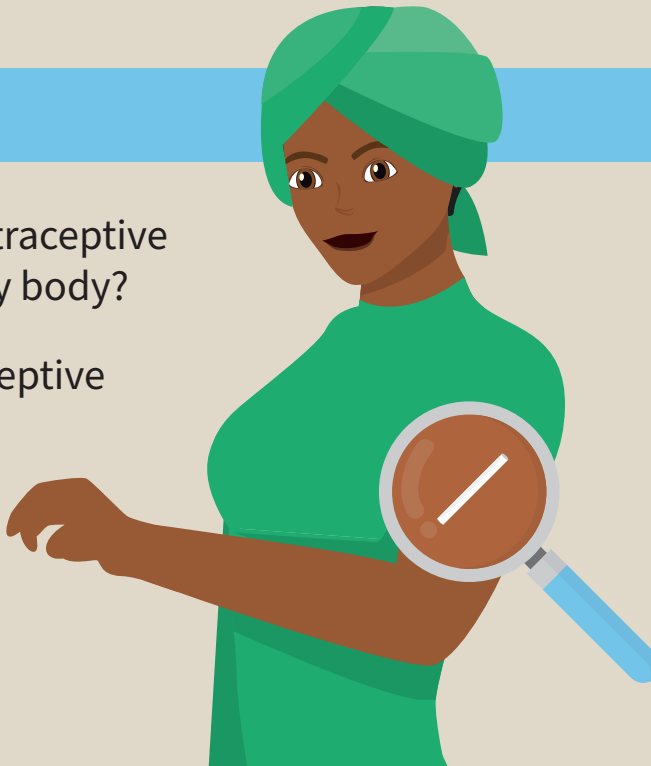


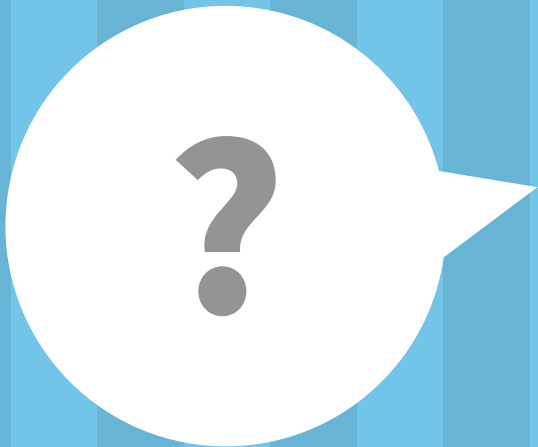


Topic: Side effects

Question: Can a contraceptive implant get lost in my body?

Answer: No. Contraceptive implants that have been inserted in a healthcare centre cannot migrate into a woman's body.



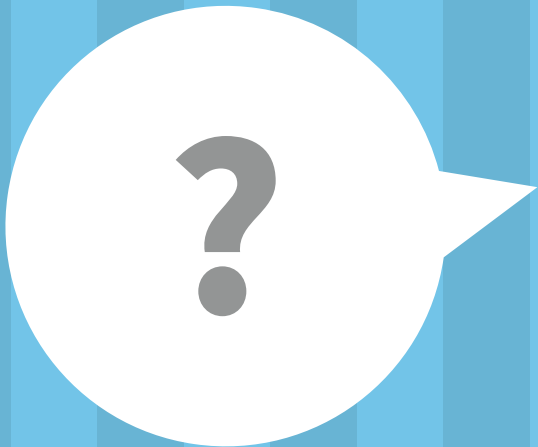


Topic: Side effects

Question: Will a woman using family planning be able to work?

Answer: Yes. Family planning helps a woman's body rest after childbirth, which can make a woman healthier.

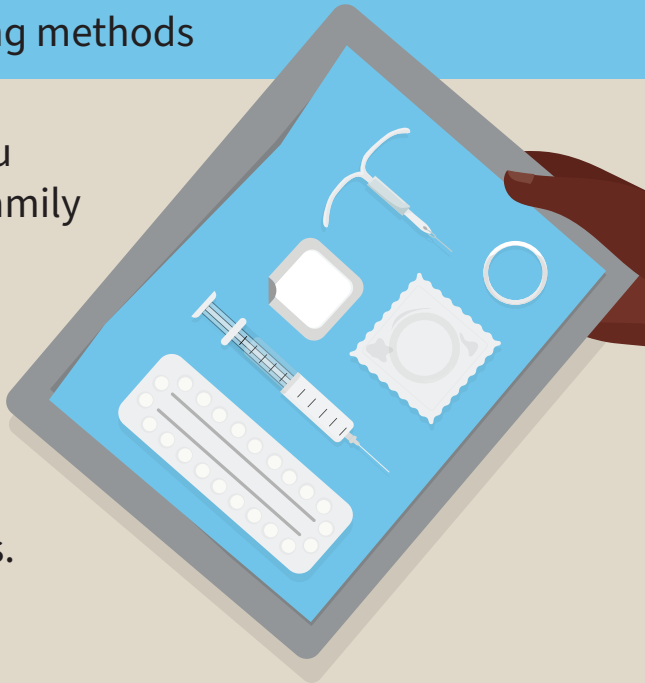


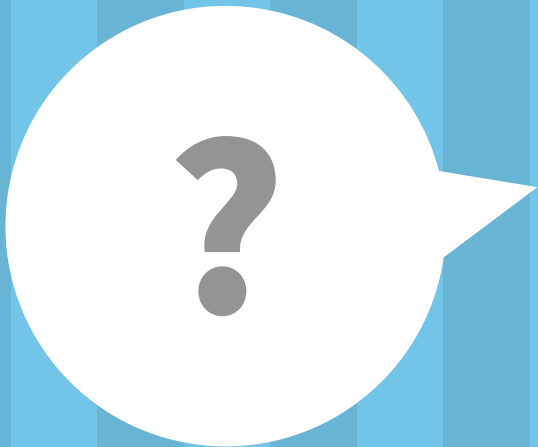


Topic: Family planning methods

Question: Should you only use traditional family planning methods in your community?

Answer: No.
Modern methods are more effective than natural methods.



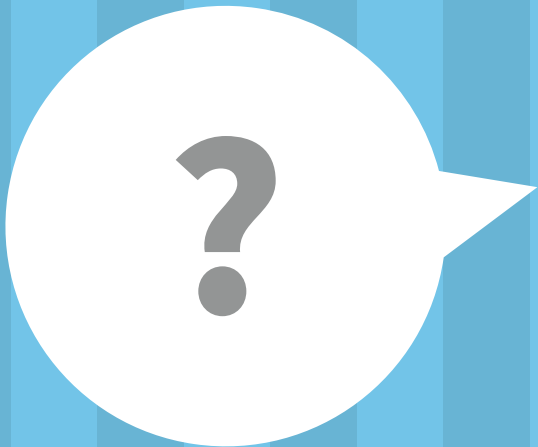


Topic: Family planning methods

Question: Can you change the method if the one you have adopted is not suitable?

Answer: Yes. If a woman finds that the method she has adopted is not working for her, she can go back to the healthcare worker and ask to have it changed.





What questions do you have about family planning?

For any additional information
call Marie Stopes International
Organisation Nigeria's contact
centre for free on: **08000022252**
or WhatsApp **09080022252**

